

SOCIAL PARTICIPATION AND HAPPINESS : A CROSS CULTURAL COMPARISON AMONG COMMUNITY-DWELLING ELDERLY WITH IADL LIMITATIONS

PROPOSAL PRESENTATION BY GROUP 2

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Team members

- Hom Nath Chalise (Nepal)
- Atik Kridawati (Indonesia)
- Delfin Francis (India)
- Ikuko Sugawara (Japan)
- Yukitsugu Komazawa (Japan)
- Toshiaki Okano (Japan)
- Mai Takase (Japan)

Project Outline



- Statement of the problem
- Justification for the study
- Research questions
- Research objectives
- Research framework and methodology
- Budget
- Timeline
- Researchers' involvement and roles
- Dissemination of findings

Statement of the problem

- Institutionalized care is not sustainable in the long run.

- Happiness
 - aging with happiness is need of today's aging population
 - Reduces the chance of institutionalization
 - **Social participation** offers an **economically sustainable** option.

- However, there are gaps in current understanding of social participation and happiness.

Justification for the study

- Social participation promotes health and well-being
- Opportunities for social participation are restricted and may have more pronounced impact on happiness among people with functional limitations
- No common understanding regarding social participation and happiness among people with functional limitations
- A lack of cross-cultural comparative research
- Few multi-disciplinary perspectives on the topic
- Scant knowledge of social participation among physically challenged elderly, especially in developing countries

Research questions

A What is the nature of social participation in the Asian countries at present?

A1 What is the national and regional policy and/or legislation that constrains social participation options currently available within the Asian countries?

B Which social participation results more happiness in Asian elderly?

B1 Which is the most common social participation?

B2 What makes social participation sustainable?

B3 Is there cultural variation in the nature of social participation?

Research objectives



- To assess the level of happiness among Asian Older Adults.
- To determine the cross-cultural similarities and differences in social participation provisions.
- To determine societal factors related to Happiness in different cultures.

Research Framework



- Research framework:
 - Ecological framework (Bronfenbrenner, 1979)
 - Human welfare ecology (Eckersley, 1992)

Research Methodology

- Research methodology:

- Mixed method

- Literature review

- Legislative review

- Review of demographic data

- Community Survey of Older adults

- Sample size: 100 (50 female, 50 male) in each country

- Key Informants interview

- 2 persons (1 female, 1 male) in each country

Budget

Items	Costing
Translation, Writing & Editing	USD 1,000
Communication; 4 countries x 100	USD 400
Literature review (photocopying) & Reprinting	USD 1,000
Digital & Audio Transcription; 130 USD per hour x 28 hours	USD 3,000
Total operating budget	USD \$5,400

Researchers' involvement and roles

Researchers	Involvement	Roles
Ikuko Sugawara (Japan)	Project Leader	<ul style="list-style-type: none">• Provide literature review and policy analysis of individual country.• Field Level data collection.
Hom Nath Chalise (Nepal)	Team member	
Delfin Francis	Team member	
Atik Kridawati	Team member	
Yukitsugu Komazawa	Team member	
Toshiaki Okano	Team member	
Mai Takase	Team member	

Dissemination of findings

□ **Project Deliverables**

- Final report
- Local and international research dissemination, for example:
 - IAGG World Congress of Gerontology and Geriatrics,
 - Journal of Cross-cultural Gerontology

□ **Project Benefits**

- Fostering a mentor-mentee research collaboration
- Capacity building through international networking of junior gerontologist from Asian countries

THANK YOU

